

OUR HISTORY

MASK offers assembly-style, or small group presentations with topics that include:



- **Bullying & Cyber-Bullying**
- **Smoking**
- **Alcohol, Prescription Drugs & Illicit Drug Trends**
- **Internet & Technology Safety (Cell Phones)**
- **Eating Disorders**
- **Depression & Anxiety**
- **Self Esteem Workshops for Boys and Girls**
- **Healthy Peer-to-Peer Relationships**
- **Trauma Drills**
- **Safe Driving**

Topics are tailored appropriately by grade level, and include positive reinforcement activities to help strengthen decision making habits.

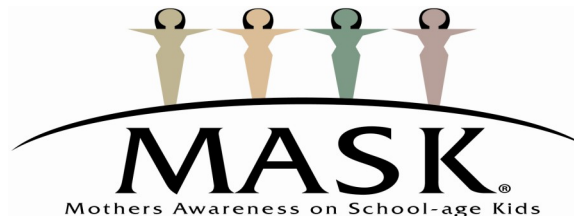
Parent presentations elaborate on subject matter and provide prevention tactics and conversation starters.

MASK (Mothers Awareness on School-age kids) a non-profit 501(c)(3), organization was founded by a group of dedicated mothers in 2007.

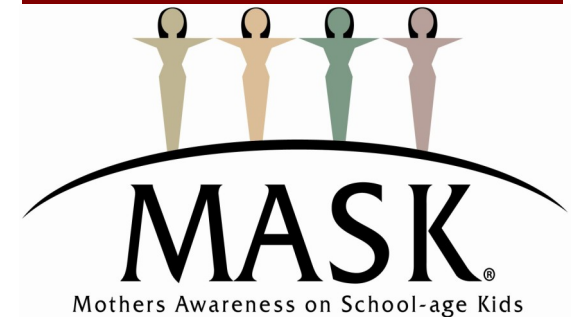
Mission: To educate both parents and children about issues facing our youth and to empower children to make safe, healthy choices.

Goal: Saving children's lives by engaging, educating and empowering families.

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engage. educate. empower.



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MASK

(Mothers Awareness on School-age Kids)

MASK has aligned with experts to inform parents and children on a variety of issues, including bullying, alcohol and substance use/abuse, Internet and technology safety, eating disorders, depression, anxiety and communication. MASK was created by a group of dedicated mothers who recognized the need to consistently educate parents and children on rapidly changing issues.

MASK is dedicated to bringing awareness programs, free of charge, to our communities, large and small. All you have to do is pick up the newspaper or listen to the news to see how kids are being affected. No individual or family is immune. Our mission is to educate the entire family to be well equipped if and when issues do arise. Preparing and empowering children *early* will place them on a positive track which leads to healthy decisions.

engage. educate. empower.



Prevention and awareness are the keys to help your child from becoming a statistic.

Do you know that drug use triples between 6th-8th grade?

Do you know all the hidden dangers lurking on the Internet?

71% of teens report receiving messages from someone they don't know.

Have you heard of salvia or spice?

Are you aware of the risks associated with "sexting"?

Join MASK and receive quarterly magazines that will conveniently bring a comprehensive approach to educating families on risk factors of relevant issues.

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